



Help Me Grow[®]

Gulf Coast

**Are you interested in your child's development?
Would you like resources on parenting?
Are you challenged by your child's behavior?**

Help Me Grow connects families with young children to resources in the community to enhance their child's development.

**Phone lines
now open!**

**Call 2-1-1 and ask for *Help Me Grow*
or dial direct 713-802-7700**

Parents and professionals have access to developmental services for young children living in Houston, Galveston, and surrounding areas.

**For outreach inquiries, contact Norma Rojas at 713-906-2108
For program information, email MGreen@depelchin.org**

Connecting families to resources for:

- *Behavior* • *Parenting* • *Child Development* • *Speech and Language*
- *Developmental Screening* • *Support Groups* • *Early Literacy* • *Education*